

# Starfrit

NUTRITIONAL KITCHEN SCALE






INSTRUCTIONS FOR USE

## SPECIFICATIONS

- Programmed to calculate nutritional intake of 999 food or ingredients. See the list of food codes at the end of the booklet.
- Memory function can add up your daily consumption, up to 99 items can be accumulated
- Glass weighing platform
- Temperature sensor, temperature range only available in Celsius mode
- Timer included, up to 99:59 minutes
- Automatic conversion feature imperial / metric
- Zero function
- Low battery and overload indicators
- Auto-off after two minutes or manual-off
- Capacity: 11 lb / 5 kg
- Accuracy: 0.05 oz / 1 g

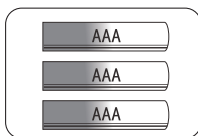
Complete database of 7 nutritional values.

Nutrition	Code	Units
calorie	kcal/kJ	kcal/kJ
salt	Salt / Sodium	mg
protein	 Prot	g
fat	 Fat / Gras	g
carbohydrate/bread	 BE Carb / Glu	g
cholesterol	Chol	mg
fibre	Fibr	g

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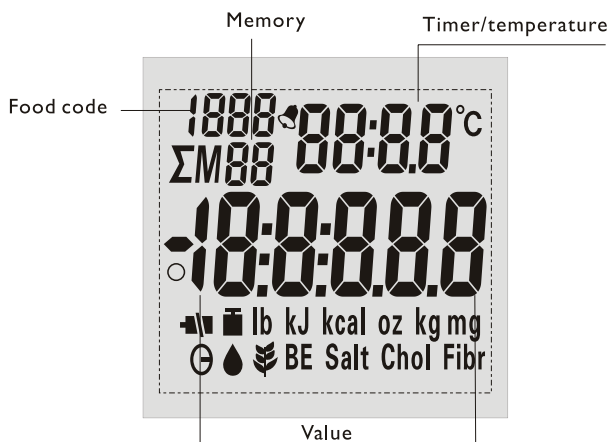
## BATTERIES

Requires 3 AAA batteries (included). Remove isolation sheet before use.



- Open battery case cover underneath the scale.
- Take out the used batteries and install new ones. Make sure to respect the polarity.
- Close battery case cover.

## LCD SCREEN



Σ : Total memory icon

oz : Ounce

🔋 : Low battery indicator

kg : Kilogram

🕒 : Timer icon

mg : Milligram

°C : Celsius

lb : Pound

⊖ : Negative weight value

○ : Zero weight

📊 : Weight

kcal kJ Prot Fat Gras Salt Sodium Carb Glu Chol Fibr : Nutrition code

## BUTTONS

### ▼ Function keys



Power: ON/OFF



Reset to zero during weighing



Set alarm timer



1. Transfer weight unit under weighing mode
2. Back to show the weight of food under nutrition value mode
3. Check total weight of all food items stored in memory



To clear current LCD value

### ▼ Nutrition codes



1. Check nutrition value under nutrition value mode
2. Check total nutrition value when recalling historical records

### ▼ Numeric keypad



To add the nutrition value of food item being weighed to memory



Max. 99 memory can be added



Check total nutrition value of the food items stored to memory

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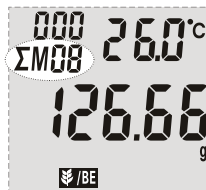
## WORKING MODES



Weighing mode



Nutrition value mode



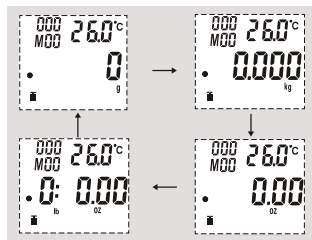
Nutrition value saving mode

## UNIT CONVERSION

▼ A



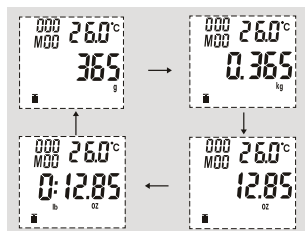
Press **UNIT** to convert unit.  
When scale shows zero value,  
press **UNIT** to convert weight unit  
between g, kg, oz, and lb:oz



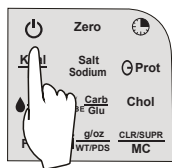
▼ B



Press **UNIT** to convert unit.  
When food is loaded on weighing  
platform, press **UNIT** to view weight value  
of the food in different weight units.



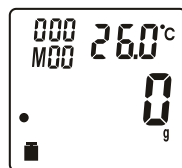
## WEIGHING MODE



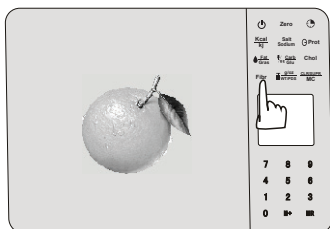
Press **POWER** to switch on



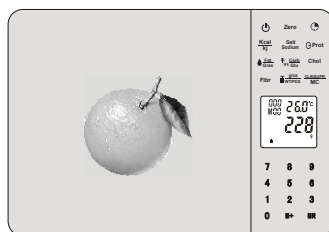
Auto check-up



Show zero value

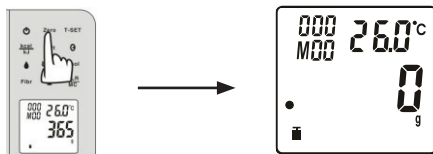


Press **POWER** to switch off  
after weighing



Put food on  
weighing platform

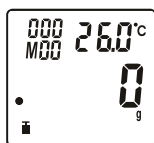
## TARE FUNCTION



To weigh more loads consecutively without removing loads from scale. Put first load on the scale, get first weight reading.

Press **Zero** to reset the LCD reading to "0" before adding next load. You can repeat this operation.

## TO INPUT AND CLEAR FOOD CODE



Find out code of the food being weighed on the food list

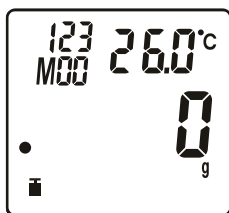


Input 3-digit food code in numeric keypad

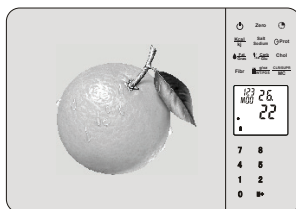


Press **CLR/MC** to clear food code and input new food code

## NUTRITION VALUE MODE

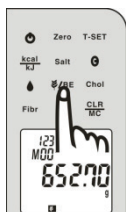


Input food code

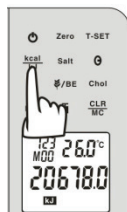


Load the food item

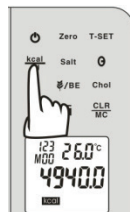
Press other nutrition code keys to view other nutrition values



Press **%/BE** to view carbohydrate value of the food

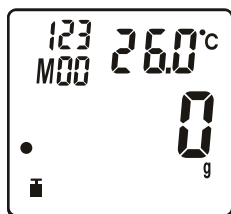


Press **kcal/kJ** to view calorie value of the food(kj)

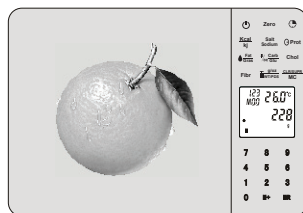


Press **kcal/kJ** to view calorie value of the food(kcal)

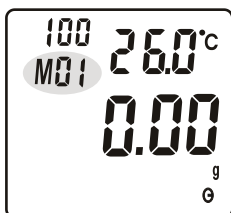
## TO SAVE NUTRITIONAL VALUES TO MEMORY



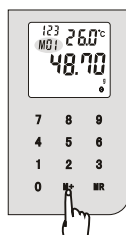
Input food code



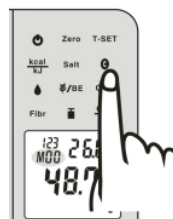
Load the food item



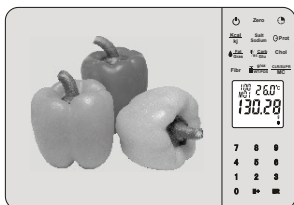
Take away the first food, and input code of the second food



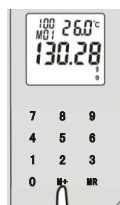
Press **M+** to save values of the first food item into memory



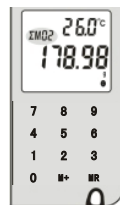
Press **0** to view protein value of the food



Load the second food item



Press **M+** to save values of the second food item into memory



Press **MR** to see total nutritional values of food items stored to memory

Start again if you want to add more food into memory

Under weighing or nutrition value mode, press **M+** button to add on weight or nutrition value, and meanwhile add one record to memory. When viewing the total add on value, press any nutrition button to view the total value of the nutrition.



Press **Salt** to see total sodium values of food items stored to memory

## TO RECALL HISTORICAL RECORDS IN MEMORY



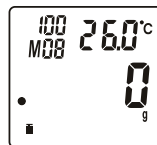
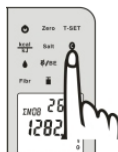
Press **ON** to switch on



See other total nutritional values in the same way



Auto searching historical records in memory



Show zero value after searching

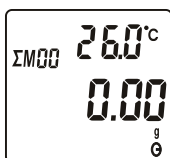


Press **MR** to see total nutritional values of food items stored to memory

## TO INPUT AND CLEAR FOOD CODE



Press **MR** for 3 seconds

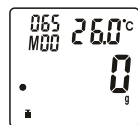


Cleared



Press **MR** back to weighing mode

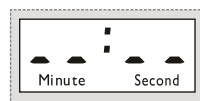
## TO SET ALARM TIMER



Switch on



Press **T-SET** to enter alarm setting mode



Input timer span in numeric keypad

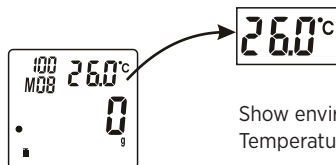
Press **T-SET** to start counting down

When counting down finishes, alarm will start beeping for 30 times. Press any key to stop "beeping"

When setting timer span, you can press **MR** to clear input; During counting down, you can press **T-SET** to clear and re-input timer span.

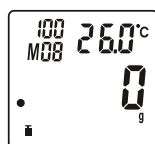


## TEMPERATURE SENSOR




Show environment temperature.  
Temperature range only available in Celsius mode.

## AUTO SHUT OFF & MANUALLY SHUT OFF



Auto shut off occurs if display shows "0" or shows the same weight reading for 2 minutes.

To maximize batteries life, it is recommended to shut off manually the scale. Press  button for 3 seconds and the scale will turn off.

## LOW BATTERY & OVERLOAD INDICATORS



Low battery power.  
Please replace batteries.



Overload, maximum capacity of this scale is 11 lb / 5 kg.



Nutrition value  
higher than 199999



Negative nutrition value  
or enter nutrition value mode  
during input of food code

## ADVISE FOR USE & CARE

1. Always use the scale on a hard flat surface.
2. Clean the scale with a slightly damp cloth.
3. Avoid contact with water. DO NOT immerse the scale in water.
4. All plastic parts should be cleaned immediately after contact with fat, spices, vinegar and strongly flavored/colored food. Avoid contact with acid citrus juices.
5. DO NOT use chemical or abrasive cleaning agents.
6. Not for commercial use

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# **LIST OF FOOD CODES**

## 8 categories of food or ingredients

### BREAD

Bread, cereal, pasta & rice

Bread

Breakfast/Granola Bar

Flour

Muffin

Pie, commercial

Cereal, cooked

Cereal, ready to eat

Pasta

Rice

Vegetable

Bean

Beet

Broccoli

Cabbage, Chinese, shredded,  
(cooked & drained)

Carrot

Cauliflower

Celery

Corn, sweet, yellow  
(cooked & drained)

Mushroom

Onion

Pepper

Potato

Potato product

Spinach

Squash

Sweet potato

Tomato

Fruit

### MEATS AND POULTRY

Beef

Lamb

### POULTRY

Chicken

Duck

Goose

Turkey

Pork

Veal

Venison

Mixed and Deli Meat

Seafood

Dry beans and nut

Bean, dry, cooked

Canned, solid & liquid

Soy product

Egg

### DAIRY

Cheese, natural

Pasteurized process

Cream, sweet

Cream, sour

Cream product, sweet

Frozen dessert

### MILK

Fluid

Canned

Milk beverage

Yogurt

Cakes / bars / donuts /  
pastries

Candy

Chocolate

Cookie

Cracker

Pudding

Snack and chip

Sugar

Syrup

Other sweet

Butter

Margarine, salt

Oil, salad or cooking

Salad dressing

Mixed

Fast food, breakfast item

### FAST FOOD OTHER

Cheeseburger, regular with condiments

Cheeseburger, regular, plain

Cheeseburger, large with condiments

Hamburger, regular with condiments

Large with condiments, mayo type,  
dressing, vegetables

### SOUPS

Soup canned, condensed, prepared  
with whole milk

Canned, condensed, prepared with water

Canned, ready to serve, chunky

Canned, ready to serve, low fat,  
reduced sodium

Dehydrated unprepared

Dehydrated prepared with water

Home prepared stock

Ready to serve sauces

Gravie, canned

Miscellaneous

### BEVERAGES

Alcoholic

Carbonated

Coffee

Juice

Grapefruit juice

Grape juice

Orange juice

Fruit drinks

Lemonade

Tea

## CODE FOOD NAME

## BREAD, CEREAL, PASTA &amp; RICE

- 001 Bagel, plain  
 002 Bagel, cinnamon-raisin  
 003 Bagel, egg  
 004 Banana bread, recipe, margarine  
 005 Barley, pearled, uncooked  
 006 Biscuit, Plain or buttermilk, recipe, 2% milk  
 007 Biscuit, Refrigerated dough, baked, regular

## BREAD

- 008 Cracked wheat  
 009 Egg bread  
 010 French, Vienna, sour dough  
 011 Indian fry bread (naan)  
 012 Italian bread  
 013 Mixed grain, untoasted  
 014 Oatmeal, untoasted  
 015 Pita  
 016 Pumpernickel, untoasted  
 017 Raisin, untoasted  
 018 Rye, untoasted  
 019 Rye, reduced calorie  
 020 Wheat, untoasted  
 021 Wheat, reduced calorie  
 022 White, untoasted  
 023 White, soft crumbs  
 024 White, reduced calorie  
 025 Whole wheat, untoasted  
 026 Bread crumb, dry, grated, plain, enriched  
 027 Bread crumb, dry, grated, seasoned, unenriched  
 028 Bread stuffing, dry mix

## BREAKFAST/GRANOLA BARS

- 029 Breakfast bar, cereal crust, fruit filling, fat free  
 030 Granola bar, hard, plain  
 031 Granola bar, soft, uncoated, chocolate chip  
 032 Granola bar, soft, uncoated, raisin  
 033 Nutri grain cereal bar, fruit  
 034 Bulgur, cooked  
 035 Cornbread, mix  
 036 Cornbread, recipe, 2% milk  
 037 Cornmeal, yellow, dry, whole grain  
 038 Cornmeal, degermed, enriched  
 039 Cornstarch

## CODE FOOD NAME

- 040 Couscou, uncooked  
 041 Crouton, seasoned  
 042 English muffin, plain, untoasted  
 043 French toast, recipe, 2% milk, fried in margarine  
 044 French toast, frozen

## FLOUR

- 045 Bread flour, enriched  
 046 Buckwheat flour, whole groat  
 047 Cake or pastry flour, enriched, unsifted, spooned  
 048 Corn flour, masa, enriched  
 049 Self rising, enriched, unsifted, spooned  
 050 Wheat flour, all purpose, enriched, sifted, spooned  
 051 Wheat flour, all purpose, enriched, unsifted, spooned  
 052 Matzo, plain

## MUFFINS

- 053 Muffin, blueberry, commercial  
 054 Muffin, blueberry, mix  
 055 Muffin, Bran with raisins  
 056 Muffin, Corn, Commercial  
 057 Muffin, corn mix  
 058 Muffin, Oatbran, commercial  
 059 Oat bran, uncooked  
 060 Pancake, frozen, ready  
 061 Pancake, complete mix  
 062 Pancake, mix, 2% milk, egg & oil  
 063 Pie crust, baked, recipe  
 064 Pie crust, baked, frozen  
 065 Pie crust, graham cracker

## PIES, COMMERCIAL

- 066 Apple  
 067 Blueberry  
 068 Cherry  
 069 Chocolate Creme  
 070 Lemon meringue  
 071 Pecan  
 072 Pumpkin  
 073 Rolls, dinner  
 074 Roll, hamburger or hotdog  
 075 Sweet roll, cinnamon with raisins, commercial  
 076 Sweet roll, cinnamon, frozen dough, baked with frosting  
 077 Taco shell, baked

## CODE FOOD NAME

078 Tapioca, pearl, dry  
 079 Toaster pastries, fruit  
 080 Toaster pastries, low fat  
 081 Tortilla, ready to cook, corn  
 082 Tortilla, ready to cook, flour  
 083 Waffles, plain, recipe  
 084 Waffles, plain, frozen, toasted  
 085 Waffles, plain, low fat  
 086 Whole wheat; hard wheats, stirred, spooned  
 087 Wheat germ, toasted plain

**CEREAL, COOKED**

088 Corn Grits, White  
 089 Corn Grits, Yellow  
 090 Corn Grits, Instant plain  
 091 Cream of wheat, Regular  
 092 Cream of wheat, Quick  
 093 Cream of wheat, Mix 'n eat, plain  
 094 Oatmeal, Instant, fortified, plain  
 095 Oatmeal, Instant, Apples & Cinnamon  
 096 Oatmeal, Instant, Maple & Brown sugar  
 097 Oatmeal, Regular, quick or instant, plain, nonfortified  
 098 Wheatena

**CEREAL, READY TO EAT**

099 All Bran  
 100 Apple Cinnamon, Cheerios  
 101 Apple Jacks  
 102 Basic 4  
 103 Cap'N Crunch  
 104 Cheerios  
 105 Chex, Corn  
 106 Chex, Honey Nut  
 107 Chex, Multi Bran  
 108 Chex, Rice  
 109 Chex, Wheat  
 110 Cinnamon Life  
 111 Cocoa Krispies  
 112 Cocoa Puffs  
 113 Complete Wheat Bran flakes  
 114 Cornflakes, General Mills, Total  
 115 Cornflakes, Kellogg's  
 116 Corn Pops  
 117 Crispix  
 118 Froot loops

## CODE FOOD NAME

119 Frosted Flakes  
 120 Frosted Mini Wheats, regular  
 121 Frosted Mini Wheats, bite size  
 122 Golden Grahams  
 123 Honey Nut Cheerios  
 124 Honey Nut Clusters  
 125 Kix  
 126 Life  
 127 Nature Valley, Granola  
 128 100% Natural Cereal, Oats, honey and raisins  
 129 100% Natural Cereal, Oats, honey and raisins, Low fat  
 130 Product 19  
 131 Puffed Rice  
 132 Puffed Wheat  
 133 Raisin Bran, General Mills, Total  
 134 Raisin Bran, Kellogg's  
 135 Raisin Nut Bran  
 136 Rice Krispies  
 137 Shredded Wheat  
 138 Special K  
 139 Toasted Oatmeal, Quaker, Honey Nut  
 140 Total, Whole grain  
 141 Wheaties

**PASTA**

142 Macaroni (elbow), enriched, cooked  
 143 Noodles, chow mein, canned  
 144 Noodles(egg), enriched, cooked, regular  
 145 Noodles(egg), enriched, cooked, spinach  
 146 Noodles, Japanese, soba, cooked  
 147 Pasta, fresh-refrigerated, plain, cooked  
 148 Spaghetti, cooked, enriched  
 149 Spaghetti, whole wheat, cooked

**RICE**

150 Rice, noodles, cooked  
 151 Rice, brown, long grain, cooked  
 152 White long grain, raw  
 153 White long grain, cooked  
 154 White long grain, instant  
 155 Parboiled, raw  
 156 Parboiled, cooked  
 157 Wild, cooked  
 158 Rice cake, brown rice, plain

**CODE FOOD NAME****VEGETABLES**

- 159 Alfafa sprout, raw  
 160 Artichoke, cooked, drained  
 161 Asparagus, raw, cooked, drained  
 162 Asparagus, frozen, cooked, drained  
 163 Asparagus, canned, spear, drained  
 164 Bamboo shoots, canned, drained

**BEANS**

- 165 Beans sprout, raw  
 166 Bean sprout cooked, drained  
 167 Black eyed pea, raw, cooked, drained  
 168 Black eyed pea, frozen, cooked, drained  
 169 Lima, Ford Hooks, frozen, cooked, drained  
 170 Lima, baby, frozen, cooked, drained  
 171 Snap, green, raw, cooked, drained  
 172 Snap, yellow, raw, cooked, drained  
 173 Snap, green, frozen, cooked, drained  
 174 Snap, yellow, frozen, cooked, drained  
 175 Snap, green, canned, drained  
 176 Snap, yellow, canned, drained

**BEEFS**

- 177 Slice, cooked, drained  
 178 Whole, cooked, drained  
 179 Slice, canned, drained  
 180 Whole, canned, drained  
 181 Green, leave & stem, cooked, drained

**BROCCOLI**

- 182 Raw, chopped or diced  
 183 Raw, spear  
 184 Raw, flower cluster  
 185 Raw, cooked, drained, chopped  
 186 Frozen, drained, chopped  
 187 in cheese flavored sauce, frozen  
 188 Brussel sprout, frozen, cooked, drained  
 189 Brussel sprouts, raw, cooked, drained  
 190 Cabbage raw, shredded  
 191 Cabbage cooked

**CABBAGE, CHINESE, SHREDDED, COOKED, DRAINED**

- 192 Pak choi or bok choy  
 193 Napa  
 194 Cabbage, red, raw, shredded  
 195 Cabbage, savoy, raw, shredded

**CODE FOOD NAME****CARROTS**

- 196 Carrot juice, canned  
 197 Raw  
 198 baby  
 199 Raw, cooked, sliced, drained  
 200 Frozen, cooked, sliced, drained

**CAULIFLOWER**

- 201 Raw  
 202 Raw, cooked, drained  
 203 Frozen, cooked, drained

**CELERY**

- 204 Celery raw, stalk  
 205 Celery, piece, diced  
 206 Celery, cooked, drained without salt  
 207 Chive, raw, chopped  
 208 Coriander, raw  
 209 Chard, Swiss, raw  
 210 Coleslaw  
 211 Collard, cooked, drained, chopped, raw  
 212 Collard, frozen, cooked, drained, chopped

**CORN, SWEET, YELLOW (COOKED & DRAINED)**

- 213 Raw, kernel on the cob  
 214 Frozen, kernel on the cob  
 215 Kernel  
 216 Canned, cream style  
 217 Canned, whole kernel  
 218 Corn, sweet, white, cooked, drained  
 219 Cucumber, peeled  
 220 Cucumber, unpeeled  
 221 Dandelion greens, cooked, drained  
 222 Dill weed, raw  
 223 Eggplant, cooked, drained  
 224 Endive, curly (incl. Escarole), raw, small pieces  
 225 Garlic, raw  
 226 Grape leave, canned  
 227 Ginger root, raw  
 228 Fennel, bulb, raw  
 229 Heart of palm, canned  
 230 Jerusalem artichoke, raw, sliced  
 231 Kale, cooked, drained, chopped, raw  
 232 Kale, frozen, cooked, drained, chopped

## CODE FOOD NAME

- 233 Kohlrabi, cooked, drained, slice  
 234 Leek, bulb & lower leaf, chopped, diced, cooked, drained  
 235 Lettuce, raw (Butterhead, Boston type)  
 236 Crisphead, iceberg, leaf  
 237 Crisphead, iceberg  
 238 Looseleaf, leaf  
 239 Looseleaf, piece, shredded  
 240 Romaine or cos, inner leaf  
 241 Romaine or cos, piece, shredded

## MUSHROOMS

- 242 Raw  
 243 Cooked, drained  
 244 Canned, drained  
 245 Shiitake, cooked  
 246 Shiitake, dried  
 247 Mustard green, cooked, drained  
 248 Okra, raw; sliced, cooked, drained  
 249 Okra, frozen, sliced, cooked, drained

## ONIONS

- 250 Raw  
 251 Raw, cooked, drained  
 252 Dehydrated flake  
 253 Spring, raw  
 254 Parsley, raw  
 255 Parsnips, sliced, cooked, drained  
 256 Edible-podded peas, raw; cooked, drained  
 257 Edible-podded pea, , frozen; cooked, drained  
 258 Peas, green, canned, drained  
 259 Peas, green, frozen, boiled, drain

## PEPPERS

- 260 Banana, raw  
 261 Hot chili, raw green  
 262 Hot chili, raw, red  
 263 Jalapeno, canned, sliced, solids, liquids  
 264 Sweet pepper, raw, green, chopped  
 265 Sweet pepper, raw, red, chopped  
 266 Sweet pepper, cooked, drained, chopped, green  
 267 Sweet pepper, cooked, drained, chopped, red  
 268 Pimento, canned  
 269 Pickle, cucumber, dill  
 270 Pickle, relish, sweet

## CODE FOOD NAME

## POTATOES

- 271 Baked with skin  
 272 Baked, flesh only  
 273 Baked, skin only  
 274 Peeled after boiling  
 275 Peeled before boiling

## POTATO PRODUCTS

- 276 Au gratin, dry mix, whole mix, butter  
 277 Au gratin, home recipe, butter  
 278 French fried, frozen, oven heated  
 279 Hashed brown, frozen  
 280 Hashed brown, home recipe  
 281 Mashed, dehydrated flake, whole milk, butter, salt  
 282 Mashed, home recipe, whole milk  
 283 Mashed, home recipe, whole milk & margarine  
 284 Potato pancake, home prepared  
 285 Potato salad, home prepared  
 286 Scalloped, dry mix, whole milk, butter  
 287 Scalloped, home recipe, butter  
 288 Pumpkin, cooked, mashed  
 289 Pumpkin, canned  
 290 Radishes, raw  
 291 Rutabaga, cooked, drained  
 292 Sauerkraut, canned, solid, liquid  
 293 Seaweed, kelp, raw  
 294 Seaweed, spirulina, dried  
 295 Shallot, raw, chopped  
 296 Soybean, green, cooked, drained

## SPINACH

- 297 Raw  
 298 Raw; cooked, drained  
 299 Frozen; cooked, drained  
 300 Canned, drained, piece

## SQUASH

- 301 Summer, sliced, raw  
 302 Cooked, drained  
 303 Winter, baked, cubes  
 304 Butternut, frozen, cooked, mashed

## SWEET POTATOES

- 305 Cooked, baked with skin  
 306 Boiled, without skin  
 307 Candied  
 308 Canned, syrup pack, drained

## CODE FOOD NAME

## TOMATOES

- 309 Raw  
 310 Cherry  
 311 Canned, solid, liquid  
 312 Sundried, plain  
 313 Tomato juice, canned, salt  
 314 Canned, paste  
 315 Canned, sauce  
 316 Canned, stewed  
 317 Turnip, cooked, cubed  
 318 Turnip green, raw, cooked, drained  
 319 Turnip green, frozen, cooked, drained  
 320 Vegetable juice, cocktail, canned  
 321 Vegetable, mixed, canned, drained  
 322 Vegetable, mixed, frozen; cooked, drained  
 323 Waterchestnut, canned, slice, solid, liquid  
 324 Yam, cooked, broiled, drained, or baked

## FRUIT

- 325 Apple, raw, with skin  
 326 Apple, raw, peeled  
 327 Apple, dried  
 328 Apple, stewed with added sugar  
 329 Apple, stewed without added sugar  
 330 Applesauce, canned, sweetened  
 331 Applesauce, canned, unsweetened  
 332 Apricots, raw  
 333 Apricot, canned, halve, fruit & liquid, heavy syrup  
 334 Apricot, canned, halve, fruit & liquid, juice pack  
 335 Apricot, dried, sulfured  
 336 Asian pear, raw  
 337 Avocado, raw, without skin & seed  
 338 Banana, raw, whole  
 339 Blackberry, raw  
 340 Blackberry, canned, heavy syrup  
 341 Blueberry, raw  
 342 Blueberry, frozen, sweetened  
 343 Carambola (starfruit), raw  
 344 Cherry, sour, red, pitted, canned, water pack  
 345 Cherry, sweet, raw, without pit & stem  
 346 Cherry pie filling, canned  
 347 Cranberry, dried, sweetened  
 348 Cranberry sauce, sweetened, canned

## CODE FOOD NAME

- 349 Currant, dried  
 350 Date without pit, whole  
 351 Fig, dried  
 352 Fruit cocktail, canned, fruit & liquid, heavy syrup  
 353 Fruit cocktail, canned, fruit & liquid, juice pack  
 354 Grapefruit, raw without peel, membrane & seeds,  
 ..... pink or red  
 355 Grapefruit, raw without peel, membrane & seeds, white  
 356 Grapefruit, raw without peel, membrane & seed,  
 ..... canned, light syrup  
 357 Grape, seedless, raw  
 358 Kiwi fruit, raw, without skin  
 359 Lemon, raw, without skin  
 360 Lemon juice, raw  
 361 Lemon juice, canned or bottled, unsweetened  
 362 Lime juice, raw  
 363 Lime juice, canned, unsweetened  
 364 Mandarin oranges, light syrup  
 365 Mango, raw, without skin & seed, whole  
 366 Maraschino Cherry, canned, drained  
 367 Melon, Cantaloupe, wedge without rind  
 368 Melon, Honeydew, wedge without rind  
 369 Nectarine, raw  
 370 Orange, raw, without peel & seed  
 371 Olive, pickled, green  
 372 Olive, canned, ripe, black  
 373 Papaya, raw  
 374 Peaches, raw  
 375 Peaches, canned, heavy syrup  
 376 Peaches, canned, juice pack  
 377 Peaches, dried  
 378 Pears, raw  
 379 Pear, canned, heavy syrup  
 380 Pear, canned, juice pack  
 381 Pineapple, raw, diced  
 382 Pineapple, canned, heavy syrup, crushed, chunk  
 383 Pineapple, canned, heavy syrup, slice  
 384 Pineapple, canned, juice pack, crushed, sliced or chunk  
 385 Pineapple, canned, juice pack, slice  
 386 Pineapple juice, unsweetened, canned  
 387 Plantain, without peel, raw  
 388 Plums, raw  
 389 Prune, dried, pitted, uncooked



## CODE FOOD NAME

- 390 Prune, stewed, unsweetened, fruit & liquid  
 391 Prune juice, canned or bottled  
 392 Raisin, seedless  
 393 Raspberrie, raw  
 394 Raspberrie, frozen, sweetened, thawed  
 395 Rhubarb, frozen, cooked with sugar  
 396 Strawberrie, raw, large  
 397 Strawberrie, raw, medium  
 398 Strawberrie, frozen, sweetened, sliced, thawed  
 399 Tangerine, raw, without peel & seed  
 400 Watermelon, raw, wedge

## MEATS AND POULTRY

## BEEF

- 401 Bottom round, cooked, lean & fat  
 402 Bottom round, cooked, lean  
 403 Braised or pot roast, lean & fat  
 404 Braised or pot roast, lean  
 405 Canned, corned  
 406 Eye of round, lean & fat  
 407 Eye of round, lean  
 408 Ground beef 83%, broiled  
 409 Ground beef 79%, broiled  
 410 Ground beef 73%, broiled  
 411 Jerky  
 412 Liver, fried, sliver  
 413 Roast, oven cooked, rib, lean & fat  
 414 Roast, oven cooked, rib, lean  
 415 Steak, sirloin, broiled, piece, lean & fat  
 416 Steak, sirloin, broiled, piece, lean  
 417 Steak, sirloin tip, broiled, lean  
 418 Steak, T-bone, broiled, lean  
 419 Steak, tenderloin, broiled, lean  
 420 Steak, porterhouse / short-loin, broiled, lean

## LAMB

- 421 Chop, cooked, lean & fat  
 422 Chop, cooked, lean  
 423 Loin broiled, lean & fat  
 424 Loin broiled, lean  
 425 Leg, roasted, lean & fat

## CODE FOOD NAME

## POULTRY

## CHICKEN

- 426 Broiler or fryer, meat & skin, fried, batter  
 427 Broiler or fryer, meat & skin, fried, flour  
 428 Broiler or fryer, meat & skin, roasted  
 429 Broiler or fryer, breast, meat only, fried  
 430 Broiler or fryer, breast, meat only, roasted  
 431 Broiler or fryer, dark meat, meat only, fried  
 432 Broiler or fryer, dark meat, meat only, roasted  
 433 Broiler or fryer, drumstick, meat & skin, fried, batter  
 434 Broiler or fryer, drumstick, meat & skin, fried, flour  
 435 Chicken giblets, simmered  
 436 Broilers or fryer, light meat, meat only, fried  
 437 Broiler or fryer, light meat, meat only, roasted  
 438 Broiler or fryer, thigh, meat & skin, fried, batter  
 439 Broiler or fryer, thigh, meat & skin, fried, flour  
 440 Broiler or fryer, wing, meat & skin, fried, batter  
 441 Broiler or fryer, wing, meat & skin, fried, flour  
 442 Canned, meat only, with broth  
 443 Cornish game hens, meat & skin, roasted  
 444 Liver, simmered  
 445 Roasting, light meat, meat only, roasted

## DUCK

- 446 Meat & skin, roasted  
 447 Meat only, roasted  
 448 Peking, breast, meat & skin, boneless, roasted

## GOOSE

- 449 Meat & skin, roasted  
 450 Meat only, roasted  
 451 Pate de foie gras (goose liver pate)

## TURKEY

- 452 Breast, pre-basted, meat & skin, roasted  
 453 Dark meat, meat & skin, roasted  
 454 Gibblets, simmered  
 455 Ground, cooked  
 456 Light & dark meat, diced, seasoned  
 457 Light meat, meat & skin, roasted  
 458 Light meat, meat only, roasted  
 459 Pattie, breaded or battered, fried

- 460 Bacon, cured, cooked  
 461 Bacon, Canadian, cured, cooked

## CODE FOOD NAME

- 462 Ham, canned  
 463 Ham, fresh, cooked, lean & fat  
 464 Ham, cured, lean & fat  
 465 Ham, leg, roasted piece, lean & fat  
 466 Rib roast, lean & fat  
 467 Rib, lean & fat, cooked, backrib  
 468 Rib, lean & fat, cooked, sparerib, braised  
 469 Sausage, cooked, link  
 470 Sausage, cooked, patty  
 471 Tenderloin, broiled, lean

**VEAL**

- 472 Cutlet, braised, lean & fat  
 473 Cutlet, breaded, cooked, lean & fat

**VENISON**

- 474 Loin, cooked, broiled, lean  
 475 Top round, cooked, broiled, lean

**MIXED AND DELI MEATS**

- 476 Bologna, beef  
 477 Bologna, beef and pork  
 478 Bologna, turkey  
 479 Bratwurst, beef & pork, smoked  
 480 Bratwurst, pork, cooked  
 481 Braunschweiger (liver sausage, pork)  
 482 Chorizo, beef & pork  
 483 Dried beef, cured  
 484 Ham, cooked, regular  
 485 Ham, cooked, extra lean  
 486 Ham, honey, smoked, cooked  
 487 Hot dog / Frankfurter, beef  
 488 Hot dog / Frankfurter, beef & pork  
 489 Pastrami, beef, cured  
 490 Pepperoni, pork, beef  
 491 Salami, beef & pork, cooked  
 492 Salami, beef & pork, dry  
 493 Sausage, Polish & Kielbasa  
 494 Summer sausage, cervelat, beef & pork  
 495 Vienna sausage  
 496 Turkey, white, deli cut

**SEAFOOD**

- 497 Bass, freshwater, cooked, dry heat  
 498 Bass, sea, cooked, dry heat  
 499 Catfish, breaded, fried

## CODE FOOD NAME

- 500 Clam, raw meat  
 501 Clam, breaded, fried  
 502 Clam, canned, drained solid  
 503 Cod, baked or broiled  
 504 Crab, Alaskan King, cooked  
 505 Crab meat, canned  
 506 Crab cake, egg, onion, margarine, fried  
 507 Eel, cooked, dry heat  
 508 Fish fillet, battered or breaded and fried  
 509 Fish stick & portion, breaded, frozen, preheated  
 510 Flounder or Sole, baked or broiled  
 511 Haddock, baked or broiled  
 512 Halibut, baked or broiled  
 513 Herring, pickled  
 514 Lobster, steamed  
 515 Mackerel  
 516 Mussel, steamed  
 517 Ocean perch, cooked  
 518 Oyster, raw meat only  
 519 Oyster, breaded, fried  
 520 Pollock, baked or broiled  
 521 Rockfish, baked or broiled  
 522 Deep sea perch, orange, baked or broiled  
 523 Salmon, baked or broiled  
 524 Salmon, canned (pink), solids & liquid (incl bones)  
 525 Salmon, smoked (chinook)  
 526 Sardine, Atlantic, canned in oil, drained solid  
 ..... (incl bone)  
 527 Scallop, cooked, breaded, fried  
 528 Scallop, steamed  
 529 Shrimp, breaded, fried  
 530 Shrimp, canned, drained solids  
 531 Swordfish, baked or broiled  
 532 Trout, baked or broiled  
 533 Tuna, baked or broiled  
 534 Tuna canned, drained solid, oil pack, chunk light  
 535 Tuna canned, drained solid, water pack,  
 ..... chunk light  
 536 Tuna canned, drained solids, water pack,  
 ..... solid white  
 537 Tuna salad: light tuna in oil, pickle relish,  
 ..... mayo type salad dressing  
 538 Walleye, Pike

## CODE FOOD NAME

## DRY BEANS AND NUTS

539 Almond, shelled

## BEANS, DRY, COOKED

540 Black

541 Great Northern

542 Kidney, red

543 Lima, large

544 Pea, navy

545 Pinto

## CANNED, SOLIDS &amp; LIQUID

546 Baked bean, plain or vegetarian

547 Black eyed pea, dry, cooked

548 Black eyed pea, dry, canned, solid &amp; liquid

549 Kidney, red

550 Lima, large

551 White bean

552 Brazil nuts, shelled

553 Carob flour

554 Cashews, salted, dry roasted

555 Cashew, salted, oil roasted

556 Chestnut, European, roasted, shelled

557 Chickpea, dry cooked

558 Chickpea, canned, solids &amp; liquid

559 Coconut, raw, shredded, not packed

560 Coconut, raw, shredded, dried, sweetened

561 Hazelnut, chopped

562 Hummus, commercial

563 Lentil, dry, cooked

564 Macademia nut, dry roasted, salted

565 Peanut, dry roasted

566 Peanut, oil roasted

567 Peanut, dry roasted, salted

568 Peanut, dry roasted, unsalted

569 Peanut, oil roasted, salted

570 Peanut butter, regular, smooth

571 Peanut butter, regular, chunk

572 Peanut butter, reduced fat, smooth

573 Pea, split, dry, cooked

574 Pecan halves

575 Pine nuts, shelled

576 Pistachio nut, dry roasted, salt, shelled

577 Pumpkin kernel, roasted, salt

## CODE FOOD NAME

578 Refried bean, canned

579 Sesame seed

## SOY PRODUCTS

580 Miso

581 Soybean, dry cooked

582 Soy milk

583 Soy nut, dry roasted

584 Tofu, firm

585 Tofu, soft

586 Sunflower seed, dry roasted, salt

587 Tahini

588 Walnut, English, chopped

## EGGS

589 Raw, whole

590 Raw, white

591 Raw, yolk

592 Hard boiled, no shell

593 Poached with salt

594 Scrambled, margarine, whole milk, salt

595 Substitute, liquid

596 Omelet, plain

## DAIRY

## CHEESE, NATURAL

597 Blue

598 Camembert

599 Cheddar or Colby

600 Cheddar or Colby, low fat

601 Cheese, cottage, large or small curd

602 Cheese, cottage, creamed with fruit

603 Cheese, cottage, low fat (2%)

604 Cheese, cottage, low fat (1%)

605 Cheese, cottage, nonfat

606 Cream cheese, regular

607 Cream cheese, low fat

608 Cream cheese, fat free

609 Cheese, Shredded

601 Feta

611 Gouda

612 Monterey

613 Mozzarella, whole milk

614 Muenster

615 Neufchatel

## CODE FOOD NAME

- 616 Parmesan  
 617 Provolone  
 618 Ricotta, whole milk  
 619 Ricotta, part skim milk  
 620 Romano  
 621 Swiss

**PASTEURIZED PROCESS**

- 622 American, regular  
 623 American, fat free  
 624 Swiss  
**CREAM, SWEET**  
 625 Half and half  
 626 Light coffee  
 627 Whipping cream, unwhipped  
 628 Whipped topping (pressurized)

**CREAM, SOUR**

- 629 Regular  
 630 Reduced fat  
 631 Fat free  
 632 Dill dip

**CREAM PRODUCT, SWEET**

- 633 Powdered  
 634 Powdered with whole milk  
 635 Pressurized  
 636 Whipped topping, frozen

**FROZEN DESSERTS**

- 637 Yogurt, soft serve, chocolate  
 638 Yogurt, soft serve, vanilla  
 639 Ice cream, chocolate  
 640 Ice cream, chocolate, light  
 641 Ice cream, vanilla  
 642 Ice cream, vanilla, light  
 643 Ice cream, soft serve, vanilla  
 644 Sherbert

**MILK****FLUID**

- 645 Whole (3.25%)  
 646 Reduced fat (2%)  
 647 Lowfat (1%)  
 648 nonfat (skim)  
 649 Buttermilk  
 650 Soy milk

## CODE FOOD NAME

**CANNED**

- 651 Condensed, sweetened  
 652 Evaporated, whole milk  
 653 Evaporated, skim milk  
 654 Dried, Buttermilk

**MILK BEVERAGES**

- 655 Chocolate commercial  
 656 Chocolate commercial, reduced fat  
 657 Chocolate commercial, low fat  
 658 Eggnog  
 659 Milk Shake, thick, chocolate  
 660 Milk Shake, thick, vanilla  
 661 Yogurt & Juice blend

**YOGURT**

- 662 Lowfat, fruit flavored  
 663 Lowfat, plain  
 664 Nonfat, fruit flavored  
 665 Nonfat, plain  
 666 Whole milk, plain  
 667 Nonfat milk, low cal sweetener, vanilla or lemon

**CAKES/ BARS/ DONUTS/ PASTRIES**

- 668 Angelfood  
 669 Boston Cream  
 670 Brownie, commercial, without icing, regular  
 671 Brownie, commercial, without icing, fat free  
 672 Brownie, dry mix, reduced calories  
 673 Cake, dry mix, Angelfood  
 674 Cake, dry mix, yellow, light, water, egg white, no frosting  
 675 Cheesecake  
 676 Chocolate with chocolate frosting  
 677 Coffee cake, crumb  
 678 Danish pastry, cream cheese  
 679 Danish pastry, fruit  
 680 Doughnut, cake  
 681 Doughnut, yeast leavened, glazed  
 682 Fruitcake  
 683 Pound, Butter  
 684 Pound, fat free  
 685 Snack Cake, Chocolate, creme filled, frosting  
 686 Snack Cake, Chocolate, frosting, low fat  
 687 Snack Cake, Yellow, with chocolate frosting

## CODE FOOD NAME

## CANDY

- 688 Gummy bear
- 689 Hard candy
- 690 Jelly bean
- 691 Marshmallow, miniature
- 692 Marshmallow, regular
- 693 M&M, peanut (M&M Mars)
- 694 M&M, plain (M&M Mars)
- 695 Milky way (M&M Mars)
- 696 Reese Peanut butter cup (Hershey)
- 697 Snickers bar (M&M Mars)
- 698 Caramel, plain
- 699 Caramel, chocolate flavored roll

## CHOCOLATE

- 700 Chocolate, milk, plain
- 701 Chocolate, milk, with almonds
- 702 Chocolate, milk, with peanuts, Mr. Goodbar
- 703 Chocolate chips, milk
- 704 Chocolate chips, semi sweet
- 705 Chocolate chips, white
- 706 Chocolate coated, peanut
- 707 Chocolate coated, raisin
- 708 Special dark, sweet chocolate (Hershey)

## COOKIES

- 709 Butter, commercial
- 710 Chocolate chip, commercial, regular
- 711 Chocolate chip, commercial, reduced fat
- 712 Chocolate chip, commercial, refrigerated dough
- 713 Fig Bar
- 714 Oatmeal, Regular, large
- 715 Oatmeal, Soft type
- 716 Oatmeal, Fat free
- 717 Peanut butter, commercial
- 718 Peanut butter, recipe with margarine
- 719 Chocolate with cream filling
- 720 Shortbread, commercial, plain
- 721 Sugar, commercial
- 722 Sugar, refrigerated dough
- 723 Sugar, recipe, margarine
- 724 Vanilla wafer, low fat

## CODE FOOD NAME

## CRACKERS

- 725 Cheese
- 726 Graham, plain
- 727 Graham, crushed
- 728 Melba toast, plain
- 729 Rye wafer, whole grain, plain
- 730 Saltine, square
- 731 Standard cracker, bite sized
- 732 Standard cracker, round
- 733 Wheat thin
- 734 Whole wheat

## PUDDINGS

- 735 Dry mix & 2% milk, chocolate, instant
- 736 Dry mix & 2% milk, chocolate, regular, cooked
- 737 Dry mix & 2% milk, vanilla, instant
- 738 Dry mix & 2% milk, vanilla, regular, cooked
- 739 Ready to eat, regular, chocolate
- 740 Ready to eat, regular, rice
- 741 Ready to eat, regular, tapioca
- 742 Ready to eat, regular, vanilla
- 743 Ready to eat, fat free, chocolate
- 744 Ready to eat, fat free, tapioca
- 745 Ready to eat, fat free, vanilla

## SNACKS AND CHIPS

- 746 Chex Mix
- 747 Corn chips, plain
- 748 Popcorn, air popped, unsalted
- 749 Popcorn, oil popped, salted
- 750 Popcorn, caramel, peanut
- 751 Popcorn, cheese flavor
- 752 Potato chips, plain, salted
- 753 Potato chip, sour cream & onion
- 754 Potato chip, reduced fat
- 755 Potato chip, fat free
- 756 Pretzel, stick
- 757 Pretzel, twisted
- 758 Rice krispie treat, square
- 759 Tortilla chip, plain, regular
- 760 Tortilla chip, low fat, baked
- 761 Tortilla chip, nacho, regular
- 762 Tortilla chip, nacho, light, reduced fat

**CODE FOOD NAME****SUGAR**

- 763 Brown, packed  
 764 Brown, unpacked  
 765 White, granulated  
 766 White, powdered, unsifted

**SYRUP**

- 767 Thin, chocolate flavored  
 768 Chocolate flavored, fudge type  
 769 Corn, light  
 770 Maple  
 771 Molasse

**OTHER SWEETS**

- 772 Frosting, ready to eat, chocolate  
 773 Frosting, ready to eat, vanilla  
 774 Frozen, fruit & juice bar  
 775 Ice pop  
 776 Italian ice, Restaurant prepared  
 777 Gelatin, dessert powder & water, regular  
 778 Gelatin, dessert powder & water, reduced calorie  
 779 Honey  
 780 Jam & Preserve  
 781 Jellie

**BUTTER**

- 782 Salted  
 783 Unsalted  
 784 Lard

**MARGARINE, SALT**

- 785 Regular (80% fat), hard  
 786 Regular (80% fat), soft  
 787 Spread (60% fat), hard  
 788 Spread (60% fat), soft  
 789 Spread (40%)  
 790 Butter blend

**OILS, SALAD OR COOKING**

- 791 Canola  
 792 Corn  
 793 Olive  
 794 Peanut  
 795 Safflower  
 796 Sesame  
 797 Soybean, hydrogenated  
 798 Sunflower

**CODE FOOD NAME****SALAD DRESSINGS**

- 799 Blue cheese, regular  
 800 Blue cheese, light  
 801 Caesar, regular  
 802 Caesar, light  
 803 Coleslaw dressing  
 804 French, regular  
 805 French, light  
 806 Italian, regular  
 807 Italian, light  
 808 Mayonnaise, regular  
 809 Mayonnaise, light (cholesterol free)  
 810 Mayonnaise, fat free  
 811 Ranch, regular  
 812 Ranch, light  
 813 Ranch, fat free  
 814 Russian, regular  
 815 Russian, low cal  
 816 Thousand Island, regular  
 817 Thousand Island, light

**MIXED**

- 818 Alfredo egg noodle in a creamy sauce, dry mix  
 819 Beef macaroni, frozen, Healthy choice  
 820 Beef ravioli in tomato & meat sauce, canned  
 821 Beef stew, canned  
 822 Chicken pot pie, frozen  
 823 Chili con carne with beans, canned  
 824 Corn dog, frozen  
 825 Ham 'n cheese stuffed sandwich, frozen  
 826 Lasagna with meat & sauce  
 827 Lasagna, vegetable  
 828 Macaroni & cheese, canned with corn oil  
 829 Mozzarella cheese stick  
 830 Meatless burger patty, frozen, Morningstar farms  
 831 Mexican rice, side dish, dry  
 832 Pork and beans with tomato sauce, canned  
 833 Salisbury steak entrée, frozen  
 834 Spaghetti bolognese, frozen, Healthy Choice  
 835 Spinach souffle, home-prepared  
 836 Tortellini, pasta with cheese filling, frozen

**FAST FOODS, BREAKFAST ITEMS**

- 837 Biscuit with egg & sausage  
 838 French toast with butter

## CODE FOOD NAME

- 839 Hash brown potatoe  
 840 Pancake, butter & syrup  
 841 Burrito, beans & cheese  
 842 Burrito, beans & meat

**FAST FOODS OTHER****CHEESEBURGER, REGULAR  
WITH CONDIMENTS**

- 843 Double patty, vegetables and dressing  
 844 Single patty

**CHEESEBURGER, REGULAR, PLAIN**

- 845 Double patty  
 846 Double patty, 3-piece bun  
 847 single bun

**CHEESEBURGER, LARGE  
WITH CONDIMENTS**

- 848 Single patty, with mayo type dressing & vegetables  
 849 Chicken filet (breaded & fried) sandwich, plain  
 850 Chicken piece, boneless (breaded & fried), plain  
 851 Chili con carne  
 852 Coleslaw  
 853 Ice milk, vanilla, soft, cone  
 854 Sundae, hot fudge  
 855 Fish sandwich, tartar sauce, cheese  
 856 French frie

**HAMBURGER, REGULAR  
WITH CONDIMENTS**

- 857 Double patty  
 858 Single patty

**LARGE WITH CONDIMENTS, MAYO  
TYPE DRESSING, VEGETABLES**

- 859 Double patty  
 860 Single patty  
 861 Hot dog, plain  
 862 Hot dog, chili  
 863 Mashed potatoe  
 864 Onion ring, breaded, fried  
 865 Pizza, cheese  
 866 Pizza, pepperoni  
 867 Salad, chicken, no dressing  
 868 Shake, chocolate  
 869 Shake, vanilla

## CODE FOOD NAME

- 870 Shrimp, breaded, fried  
 871 Sub sandwich, oil & vinegar, cheese, salami, ham, vegetable  
 872 Sub sandwich, roast beef, mayo, vegetable  
 873 Sub sandwich, tuna salad, mayo, lettuce  
 874 Taco, beef

**SOUPS****SOUPS CANNED, CONDENSED,  
PREPARED WITH WHOLE MILK**

- 875 Broccoli-cheese  
 876 Cheddar Cheese  
 877 Clam chowder, New England  
 878 Cream of Celery  
 879 Cream of Chicken  
 880 Cream of Mushroom  
 881 Tomato

**CANNED, CONDENSED,  
PREPARED WITH WATER**

- 882 Beef broth, bouillon  
 883 Beef noodle  
 884 Chicken noodle  
 885 Clam chowder, Manhattan  
 886 Cream of chicken  
 887 Cream of Mushroom  
 888 Minestrone  
 889 Pea, green  
 890 Tomato  
 891 Vegetable beef  
 892 Vegetarian Vegetable

**CANNED, READY TO SERVE,  
CHUNKY**

- 893 Chicken noodle  
 894 Chicken, vegetable  
 895 Vegetable, beef

**CANNED, READY TO SERVE,  
LOW FAT, REDUCED SODIUM**

- 896 Chicken broth  
 897 Chicken noodle  
 898 Chicken, rice, vegetable  
 899 Clam chowder, New England  
 900 Lentil  
 901 Minestrone  
 902 Vegetable

## CODE FOOD NAME

## DEHYDRATED UNPREPARED

- 903 Beef bouillon  
 904 Onion  
 905 Ramen noodle, chicken flavor

## DEHYDRATED PREPARED WITH WATER

- 906 Chicken noodle  
 907 Onion

## HOME PREPARED STOCK

- 908 Beef  
 909 Chicken  
 910 Fish

## READY TO SERVE SAUCES

- 911 Barbecue  
 912 Cheese  
 913 Enchilada sauce  
 914 Nacho cheese  
 915 Salsa  
 916 Soy  
 917 Spaghetti/ Marinara/ Pasta  
 918 Sweet 'n sour  
 919 Teriyaki  
 920 Worcestershire

## GRAVIES, CANNED

- 921 Beef  
 922 Chicken  
 923 Mushroom  
 924 Turkey

## MISCELLANEOUS

- 925 Bacon bits  
 926 Baking powder; sodium aluminium sulfate  
 927 Baking powder; straight phosphate  
 928 Baking powder; low sodium  
 929 Baking soda  
 930 Ketchup  
 931 Celery seed  
 932 Chili powder  
 933 Chocolate, unsweetened, baking, solid  
 934 Chocolate, unsweetened, baking, liquid  
 935 Cinnamon  
 936 Cocoa powder, unsweetened  
 937 Cream of Tartar

## CODE FOOD NAME

- 938 Curry powder  
 939 Garlic powder  
 940 Horseradish, prepared  
 941 French fried onions  
 942 Mustard, prepared, yellow  
 943 Nutella  
 944 Onion powder  
 945 Paprika  
 946 Parsley, dried  
 947 Pepper, black  
 948 Vanilla extract  
 949 Vinegar, cider  
 950 Vinegar, distilled  
 951 Yeast, dry, active'  
 952 Yeast, compressed

## BEVERAGES

## ALCOHOLIC

- 953 Beer, regular  
 954 Beer, light  
 955 Gin, rum, shooters, tequila, vodka, whisky (80 proof)  
 956 Liqueur (53 proof)  
 957 Wine, red  
 958 Wine, rose/blush  
 959 Wine, white

## CARBONATED

- 960 Cola  
 961 Cola, diet  
 962 Ginger ale  
 963 Grape soda  
 964 Lemon Lime soda  
 965 Lemon Lime soda, diet  
 966 Citrus soda, with caffeine  
 967 Orange soda  
 968 Root beer soda  
 969 Chocolate powder mix

## COFFEE

- 970 Brewed  
 971 Espresso  
 972 Instant prepared

## JUICE

- 973 Apple juice, bottled or canned  
 974 Apple juice, frozen, concentrate, undiluted  
 975 Apple juice, frozen, concentrate, diluted



**CODE FOOD NAME****GRAPEFRUIT JUICE**

- 976 Raw, pink  
 977 Raw, white  
 978 Raw, canned, unsweetened  
 979 Raw, canned, sweetened  
 980 Raw, frozen, concentrate, unsweetened, undiluted  
 981 Raw, frozen, concentrate, unsweetened, diluted

**GRAPE JUICE**

- 982 Canned or bottled  
 983 Frozen concentrate, sweetened, undiluted  
 984 Frozen concentrate, sweetened, diluted  
 985 Raw, all varieties  
 986 Canned, unsweetened  
 987 Chilled  
 988 Undiluted  
 989 Diluted

**FRUIT DRINKS**

- 990 Cranberry juice cocktail  
 991 Fruit punch drink  
 992 Grape drink

**LEMONADE**

- 993 Frozen concentrate prepared  
 994 Powder, prepared regular with water

**TEA**

- 995 Black  
 996 Herb  
 997 Instant, powder, prepared, unsweetened  
 998 Sweetened, lemon flavor  
 999 Sweetened with sweetener, lemon flavor

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